

Library and Knowledge Service Leaflet Bulletin

September 2026

Welcome to the September edition of the Library and Knowledge Service leaflet bulletin. This issue features titles that have been updated and includes a selection of smoking cessation and alcohol awareness leaflets to mark [Stoptober](#) and [Sober October](#).

Unless otherwise stated, materials can be ordered in hard copy from the Library and Knowledge Service at King's Mill Hospital. To place an order, please contact the Service on 01623 622515 Ext. 4009 or email us at library.sfht@nhs.net. Orders can be sent to GP practices and health centres via internal transport or can be collected from the library.

Many leaflets are available in a range of languages and formats if requested. Please contact us if you require a leaflet in a language other than English or in an alternative format.

You can view our entire leaflet collection via the [library catalogue](#).

If you have any questions about the materials in the bulletin, please contact us.

UPDATED! TB, BCG VACCINE AND YOUR BABY

UK Health Security Agency; 2026



This [leaflet](#) contains information on tuberculosis and the BCG vaccine in infants, including what TB is, symptoms, how it is transmitted, and the benefits and side effects of the vaccine.

UPDATED! WHY IS MY BABY BEING OFFERED AN RSV IMMUNISATION?

UK Health Security Agency; August 2026



This [leaflet](#) is for parents of premature babies who are offered Clesrovimab or Nirsevimab to help protect their baby against respiratory syncytial virus (RSV).

UPDATED! A GUIDE TO THE MENINGOCOCCAL B VACCINES THAT HELP TO PROTECT AGAINST MENINGITIS AND SEPTICAEMIA

UK Health Security Agency; May 2026



This [leaflet](#) is for teenagers and young people offered the Meningococcal B (MenB) vaccine as part of the offer to new university and higher education entrants in the 2026/27 academic year.

FLU IMMUNISATION PROGRAMME 2026-27

UK Health Security Agency

We have a range of leaflets to support the 2026-27 flu immunisation programme:

- [Protecting your child against flu: information for parents and carers](#)
- [Protect yourself from flu: information for those in secondary school](#)
- [The flu vaccination: who should have it and why](#)
- [When should I get my flu vaccine: information for adults eligible for a flu vaccine on the NHS](#)

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Below are a selection of resources to support Stoptober and Sober October

STOPTOBER



Stoptober is an annual campaign that encourages smokers to quit smoking for 28 days during October.

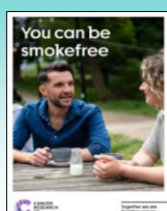
SOBER OCTOBER



Sober October challenges people to give up alcohol for the 31 days of October.

YOU CAN BE SMOKEFREE

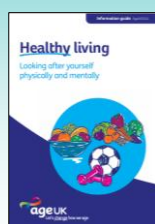
Cancer Research UK; June 2026



This [leaflet](#) gives practical guidance on how to go about stopping smoking and reduce the risk of cancer.

HEALTHY LIVING: LOOKING AFTER YOURSELF PHYSICALLY AND MENTALLY

Age UK; July 2026



This [leaflet](#) includes information on what to do if you feel like you are drinking too much alcohol, quitting smoking, and where to go for help and advice.

QUIT SMOKING WALLET CARD

Department of Health & Social Care; March 2022

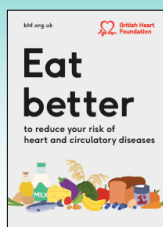


This [wallet card](#) promotes the benefits of quitting smoking and the range of free support available. To *download and view this resource*, you will need to

[register for an account](#) with the DHSC Campaign Resource Centre.

EAT BETTER TO REDUCE YOUR RISK OF HEART AND CIRCULATORY DISEASE

British Heart Foundation; March 2025



This [leaflet](#) includes information on drinking less alcohol, including unit information and drink swaps to reduce alcohol intake.

QUIT SMOKING EASY READ BOOKLET

Department of Health & Social Care; September 2023



This easy read [leaflet](#) promotes the benefits of quitting smoking and offers tips and advice on different stop smoking aids. To *download and view this resource*, you will need to

[register for an account](#) with the DHSC Campaign Resource Centre.

CONTACT US

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