

Library and Knowledge Service Leaflet Bulletin

December 2024



Welcome to the December edition of the Library and Knowledge Service leaflet bulletin. This issue features new and updated titles, and includes a spotlight on winter wellness.

Unless otherwise stated, materials can be ordered in hard copy from the Library and Knowledge Service at King's Mill Hospital. To place an order, please contact the Service on 01623 622515 Ext 4009 or email us at library.sfht@nhs.net. Orders can be sent to GP practices and health centres via internal transport or can be collected from the library.

Many leaflets are available in a range of languages if requested. Please contact us if you require a leaflet in a language other than English.

You can view our entire leaflet collection via the [library catalogue](#).

If you have any questions about any of the materials featured in the bulletin, please contact us.

NEW AND UPDATED TITLES

UPDATED! A GUIDE TO IMMUNISATION FOR PRE-SCHOOL UKHSA; September 2024



This [leaflet](#) includes the routine immunisation schedule and selective immunisation schedule from September 2024. It features the MMR booster; diphtheria, tetanus, pertussis and polio booster; and the annual childhood nasal flu programme.

To download and view resources from the DHSC Campaign Resource Centre, you will first need to [register for an account](#). Registering is easy and only takes a couple of minutes.

UPDATED! WHOOPING COUGH AND PREGNANCY UKHSA; June 2024



This [leaflet](#) provides information on how the maternal pertussis vaccination helps to protect babies from whooping cough, when expectant mothers can have the vaccine, and why the vaccine is so important. A [poster](#) is also available.

NEW! TOP TIPS FOR TEETH: CHILDREN AGED 0-3 AND PREGNANT WOMEN

DHSC; September 2024



This [leaflet](#) provides information on brushing your child's teeth, how to prevent decay, and how to take care of oral health during pregnancy.

NEW! TOP TIPS FOR TEETH: CHILDREN AGED 3+ DHSC; September 2024



This [leaflet](#) provides information on brushing your child's teeth and how to prevent decay. It also includes a toothbrushing chart.

NEW AND UPDATED TITLES

NEW! TOP TIPS FOR TEETH: POSTERS DHSC; September 2024



There are seven different [A4 posters](#) to support the 0-3 and Pregnancy Top Tips for Teeth campaign and four different [A4 posters](#) to support the 3+ campaign.

SPOTLIGHT ON: WINTER WELLNESS

WINTER WRAPPED UP Age UK; September 2024



This [guide](#) outlines ways to prepare yourself and your home for the winter months. It covers keeping yourself and your home warm; staying healthy and well; extra help with energy bills; and preparing for adverse weather conditions.

SAVE ENERGY, PAY LESS Age UK; September 2024

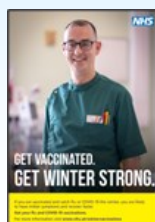


This [guide](#) looks at different ways to save money on energy bills. It covers making your home more energy efficient; getting the best energy deal; what to do if you can't pay your energy bill; and how to get help with paying energy bills.

HEALTH AND SOCIAL CARE WORKERS WINTER VACCINATIONS: POSTERS

DHSC; September 2024

A range of [posters](#) to support the frontline health and social care workers winter vaccination campaign.



YOUR MIND MATTERS Age UK; July 2024



This guide outlines how to take care of your mental health. It covers how you might be feeling; why you might be feeling that way (including the time of year); and what help is available. It also lists helpful organisations that can provide more support.

Contact Us:

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