

Library and Knowledge Service Leaflet Bulletin

December 2023



Welcome to the December edition of the Library and Knowledge Service leaflet bulletin. This issue features a number of recently updated leaflets, as well as easy read materials.

Unless otherwise stated, materials can be ordered in hard copy from the Library and Knowledge Service at King's Mill Hospital. To place an order, please contact the Service on 01623 622515 Ext 4009 or email us at library.sfht@nhs.net. Orders can be sent to GP practices and health centres via internal transport or can be collected from the library.

If you have any questions about any of the materials featured in the bulletin, please contact us.

NEWS AND UPDATES

UPDATED! THERE'S A VACCINE TO PROTECT YOU FROM THE PAIN OF SHINGLES UKHSA; May 2023



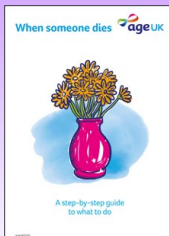
This [leaflet](#) explains what shingles is and how you get it, how the vaccine works to protect eligible people from shingles, and when and how to get the vaccine. A [postcard](#) and [sticker sheet](#) are also available.

NEW! PROTECT YOURSELF AGAINST MENINGITIS AND SEPTICAEMIA WITH THE MENACWY VACCINE UKHSA; August 2023



Aimed at teenagers and young people, this [leaflet](#) explains the MenACWY vaccine that protects against 4 types of meningococcal disease. It also includes the signs and symptoms of meningitis and septicaemia.

NEW! WHEN SOMEONE DIES: A STEP-BY-STEP GUIDE TO WHAT TO DO Age UK; October 2023



This [guide](#) provides information about the practical things that need to be done when someone dies. It covers what to get done first, how to register the death, how to arrange a funeral, who needs to be told about the death and the kinds of financial and emotional support that might be available.

UPDATED! HPV VACCINATION FOR MEN UKHSA; February 2023



This [leaflet](#) explains the national human papillomavirus (HPV) vaccination programme for gay, bisexual and men who have sex with men (GBMSM). It includes information about the HPV vaccine, the diseases that it will help to protect against and how the vaccines help protect from genital warts and HPV-associated cancers

NEWS AND UPDATES CONTINUED...

USING PARACETAMOL TO PREVENT AND TREAT FEVER AFTER MENB VACCINATION UKHSA; September 2022

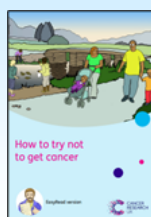


This [leaflet](#) gives advice on paracetamol dosage and timings in babies up to six months following MenB vaccination. It also addresses frequently asked questions.

SPOTLIGHT ON: EASY READ PUBLICATIONS

Easy read publications use simplified text and images to make information more accessible to people with learning disabilities. These publications may also be beneficial for people who find it difficult to read and write, have memory problems, or are communicating in a second language.

HOW TO TRY NOT TO GET CANCER Cancer Research UK; March 2023



This [leaflet](#) explains some of the things that can help to cut cancer risk - stop smoking, drink less alcohol, watch your weight, eat a healthy and balanced diet, and move more.

ALL ABOUT FLU AND HOW TO STOP GETTING IT UKHSA; July 2023



This [leaflet](#) explains what flu is, the signs of flu and how to get a flu vaccination.

DOWNLOAD ONLY HAVING A SMEAR TEST. WHAT IS IT ABOUT? Jo's Cervical Cancer Trust; July 2018



This [leaflet](#) explains what a smear test is, why it is important and includes tips to make the experience as easy as possible.

MY PROSTATE. WHAT CHANGES SHOULD I LOOK OUT FOR? Prostate Cancer UK; March 2022



This [leaflet](#) explains what the prostate is, how to spot a problem and what to do next. It also gives information about what to expect at the GP surgery.

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