

June 2022

Welcome to the June edition of the Library and Knowledge Service leaflet bulletin. This issue features some key updates regarding changes to leaflets and campaigns which we hope will help to keep you informed.

The second page of the bulletin features materials relating to **immunisation**. The titles in this section can be downloaded free of charge by clicking on the link in the description.

The immunisation materials can also be ordered in hard copy from the Library and Knowledge Service at King's Mill Hospital. To place an order, please contact the Service on 01623 622515 Ext 4009 or email us at [library.sfht@nhs.net](mailto:library.sfht@nhs.net). Orders can be sent to GP practices and health centres via internal transport or can be collected from the library.

If you have any questions about any of the materials featured in the bulletin, please contact us.

## NEWS AND UPDATES

### CHANGE4LIFE BECOMES PART OF BETTER HEALTH

Change4Life has become part of Better Health and has a brand new look. The [new site](#) continues the work of Change4Life by giving parents and carers the support and tools they need to make healthier choices for their families, including a smartphone app to find healthier food swaps, easy recipes, simple snack ideas and Disney-inspired games to keep kids moving.



### ASTHMA + LUNG UK

Asthma UK and the British Lung Foundation have rebranded as [Asthma + Lung UK](#). The charity campaigns for cleaner air and better care for people with lung conditions such as asthma and Chronic Obstructive Pulmonary Disease (COPD) and for greater investment in respiratory research. The charity will soon be rebranding their leaflets to their new name and we will keep you informed when this happens so that you can dispose of any old stock.



### KEEPING LEAFLETS UP TO DATE

It is important that patients and the public are provided with accurate, reliable and up to date health information. Leaflets often have a review date on the back. If this has expired, please contact us to see if we have a more recent edition in stock. If you are unsure about a leaflet please contact us. We are happy to help.

### NEW! HEALTHY LIVING FOR PEOPLE WITH TYPE 2 DIABETES NHS England; May 2022



This download-only [leaflet](#) contains details about the free [Healthy Living online service](#) which provides advice and information to people living with type 2 diabetes, to help them better manage their condition.

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## SPOTLIGHT ON: IMMUNISATION

### A GUIDE TO IMMUNISATION FOR BABIES BORN ON OR AFTER JANUARY 2020

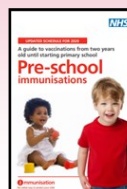
Public Health England; December 2019



This is a [guide](#) to the immunisations a baby needs in their first year of life. There is a separate [leaflet](#) for the parents of premature babies.

### PRE-SCHOOL IMMUNISATIONS

Public Health England; December 2019



This is a [guide](#) to vaccinations from two years old until starting primary school. It answers some of the most common questions about these immunisations.

### A GUIDE TO IMMUNISATION FOR YOUNG PEOPLE

Public Health England; December 2019



This [guide](#) outlines the immunisations given to young people in school years 7 to 13 and answers some of the most common questions about these immunisations.

### MMR VACCINATION

Public Health England; 2022



This [leaflet](#) explains about measles, mumps and rubella, who is eligible for the vaccine and the importance of having the correct, complete doses.

### MOVED TO THE UK: GET UP-TO-DATE WITH YOUR VACCINATIONS

Public Health England; December 2019



This [leaflet](#) is for anyone who has moved to the UK. It can be used to help people to register at a GP practice and get up to date with their routine and selective immunisations.

### SHINGLES

UK Health Security Agency; November 2021



This [leaflet](#) explains what shingles is and how it is transmitted; how the vaccine works; and when and how to get the vaccine.

### WHOOPIING COUGH AND PREGNANCY

Public Health England; June 2017



This [leaflet](#) provides information on how the maternal pertussis vaccination helps to protect babies from whooping cough, why it is needed, when expectant mothers can have the vaccine and vaccine safety.

### HPV VACCINATION

Public Health England; July 2021



This [leaflet](#) provides information on the HPV vaccination programme so that parents can give informed consent for their children to have their two HPV vaccinations.

### PREGNANT? IMMUNISATION HELPS TO PROTECT YOU AND YOUR BABY FROM INFECTIOUS DISEASES

UK Health Security Agency; November 2021



This [leaflet](#) explains the flu, whooping cough (pertussis) and rubella (German measles) vaccines.

### Contact Us:

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